



FRIDAY 15 FEBRUARY 2013

Welcome to the FOM Newsletter.

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Health for Health Professionals – Invitation to become a trainer

The Faculty is seeking trainers for the Health for Health Professionals (HHP) training programme. The Faculty has held several HHP training days since 2010 and would now like to develop a group of trainers to help deliver future training sessions.

The HHP work stream, led by Drs Debbie Cohen and Hamish Paterson, is CPD training for members wishing to enhance their practice in working with doctors and other health professionals. For more information on the programme, including the training dates for 2013, please visit the [HHP homepage](#) on the Faculty website. There you will also find the link to an RCGP e-learning module, which offers a convenient way to get an overview on this emerging area of study.

If you are interested in becoming an HHP trainer, please check that the following are applicable to you:

- Have attended at least one previous Faculty HHP training day
- Are available to attend a training day on Tuesday 30 April 2013 at the Faculty's London office
- Are committed to help deliver HHP training and to actively contribute to the HHP agenda by sharing good practice and developing the training

To register your interest, please reply to Patrick.cullen@fom.ac.uk confirming which HHP training session(s) you have previously attended and your availability to attend the training day.

Deadline for responses: Wednesday 13 March 2013

Further details of the 2013-14 training days will be advertised shortly, so if you are interested in this training look out for more news both on the website and in forthcoming newsletters soon.

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Professional Briefing Day: Management of Alcohol Misuse in the Workplace

Employees with alcohol problems cause major disruption in the workplace and are at risk of significant mental and physical health problems. This day is about what occupational physicians can do to help manage alcohol misuse in the workplace.

Participants will learn how to recognise alcohol problems in workers, how to properly assess different levels of alcohol misuse and how to best ensure that workers are fit to return to work (and continue at work long-term) once they have received the treatment they need. There will also be sessions on the progressive nature of alcohol misuse and on the interventions and treatments available. Dealing with the challenges that alcohol misuse can present in the workplace will be explored with interactive sessions.

The [Management of Alcohol Misuse in the Workplace Professional Briefing Day](#) will be run by Colin Payton, Occupational Physician, and Professor Colin Drummond of the National Addiction Centre, Institute of Psychiatry, King's College London.

It will be held at the Faculty's office in Holborn on Thursday 25 April 2013, commencing with registration at 10.00am and concluding by 4.30pm. The registration fee for this full day workshop is £125. If you wish to attend please send the completed [Booking Form](#) to sara.shortt@fom.ac.uk.

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Coaching Day on CESR Applications for Associate members

The Faculty receives a number of enquiries from our Associates (those who hold the AFOM qualification), who would like to learn more about the requirements for applying for entry onto the GMC specialist register through the [CESR/Article 14](#) (Certificate of Eligibility for specialist registration) route.

The Faculty is considering whether or not there would be sufficient demand to host a coaching day, free of charge, for our Associates who may wish to apply for a CESR. We would envisage it would take place over a day, at the Faculty office in London, towards the end of this year.

If such an event would be of interest, we would be grateful if you could email thuy.vuong@fom.ac.uk. If there is sufficient interest, we will keep in touch with you and make appropriate arrangements to organise the day.

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Physical activity at work unlikely to pose a risk to pregnancy

The Health and Work Development Unit (HWDU) has issued new guidelines on physical activity at work during pregnancy. The guidance, led by Professor Keith Palmer, Academic Dean of the Faculty, follows an extensive and systematic review of the evidence of certain common work activities (heavy physical effort and lifting, prolonged standing, working long hours and shift working) to see whether these might adversely affect pregnancy outcomes (eg miscarriage, pre-term delivery, delivering a small-for-dates baby).

The guidance can be downloaded from the Faculty website, along with several summary leaflets on specific aspects of pregnancy.

<http://www.fom.ac.uk/publications-policy-guidance-and-consultations/publications/hwdu-publications>

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Survey of UK occupational physicians' leadership skills

Dr Prosenjit Giri MFOM, Consultant Occupational Physician at Sheffield Teaching Hospitals, is seeking the help of Faculty members with his survey of occupational physicians in the UK on their self-perception of leadership skills, as part of his MSc dissertation in Leadership and Management. This has been advertised through the Society of Occupational Medicine webmail on 4 February.

If you have not yet responded do please support his study, which is now able to cater for all occupational physicians including Associate Specialists and those working in the non-NHS public sector. Please read the [further information about the study](#) which has links to the questionnaire in various formats.

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Academy of Medical Royal Colleges

The Faculty of Occupational Medicine is a member of the Academy of Medical Royal Colleges and works closely with the Academy on such matters as revalidation and training.

The Academy makes available summaries of its Council meetings. The latest, summarising the key issues from the meeting on [30 January 2013](#), is now available.

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With best wishes



Nicky Coates
Chief Executive

