

FRIDAY 13 NOVEMBER 2015

Welcome to the FOM Newsletter.

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Faculty Winter Conference

Early Bird prices must end Sunday 15 November—grab your discounted tickets now!

It's proving a difficult task picking out a festive sweater for this year's conference, which is taking place within the splendour of London's [Wellcome Collection](#) on Tuesday 15 December. We'll be cosied around the warm glow of so many hot-topic occupational health issues, as we open up a veritable Advent calendar chock full of world-renowned speakers. With each new door we'll be treated to a stimulating talk on one of the many risks posed to employees by a range of mental and physical health conditions.

There will be discussions aplenty, each focusing on a specific health risk and how aspects of the workplace might not only exacerbate, but also be used to improve these conditions. **Dr Olivia Carlton** will be bringing her unparalleled experience of working at Transport for London and talking about occupational health risks old and new. She'll discuss the challenges of ensuring they are addressed appropriately in a large as opposed to a small organisation, the relationship with regulators and a consideration of the plus side of being large—organisationally speaking! **Jane Ogden**, Professor in Health Psychology at Surrey University, will be presenting on the subject of obesity, particularly its increasing prevalence due to overeating and lack of exercise in response to an obesogenic environment. She will explore obesity's causes, consequences and solutions, with a focus on the possible triggers to weight gain and facilitators of weight loss within the

workplace.

The rest of the day will be equally fascinating, with subjects running the gamut of important mental and physical health conditions. **Prof Ralph Fevre** is speaking about workplace aggression and bullying, while later in the day **Prof Sir Cary Cooper** will discuss stress within work. We'll also be treated to talks from **Dr Karen Walker-Bone** about musculoskeletal diseases, **Prof John Taylor** on intellectual and developmental disabilities and **Prof Jane Armitage** about cardiovascular disease.

Any successful conference is more than the sum of its parts, and that will certainly ring true come December. Beyond the talks and presentations, the winter conference will be a great opportunity to get together with colleagues and share some pre-Christmas merriment. The Wellcome Collection sits just down the road from Oxford Street, so there'll be no excuses for last minute present shopping this year! It's also a stone's throw from the fantastic Euston Tap, a beautiful venue set across two Victorian gatehouses that would be the perfect place to end the day chatting with colleagues over a mulled cider—which I hear is very 'in season' during the season of goodwill.

So don't be left out in the cold this festive period: [book your place](#) today to secure a generous slice of seasonal cheer—and at a discounted price to boot!

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Cardiff and Vale University Health Board Consultant Vacancy

Cardiff and Vale university health board is currently seeking a consultant in occupational medicine. If you are either on the Specialist Register or a Specialist Registrar within six months of your expected date of receipt of a CCT / CESR(CP) at the time of interview they are eager to hear from you.

The role is an exciting one, offering the opportunity for the successful candidate to make a significant and hands-on contribution to the strategic development of services that now place considerable emphasis on an integrated approach to the health and well-being of the workforce. Cardiff and Vale also boasts a fantastic collaborative relationship with occupational medicine consultants in numerous neighbouring health boards, and seeks to further nurture and grow these bonds in the future.

You will be able to take advantage of the excellent Consultant contract for Wales, with the basic salary range for the post ranging from £72,927 per annum to £94,679 per annum, plus a further £25,632 per annum available in Commitment Awards. Please see the full ad on the [vacancies page](#) of our website for more details. **The closing date for applications is Wednesday 9 december 2015.**

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Fellowship and Honours Committee—Honours

The Faculty's Fellowship Committee has extended its horizons and will now look to the honours system as another way of recognising the achievements and efforts of those working within the specialty. In its previous form the committee awarded Fellowships and Honorary Fellowships of the Faculty, along with proposing candidates for Fellowships of the Royal College of Physicians and

overseeing nominations for Clinical Excellence Awards for those working in the NHS and MoD. It will now roll into its remit the recommendation of individuals for the birthday and New Year honours, adding another means of recognising the work of our colleagues across occupational medicine.

Honours are awarded to those people who have gone above and beyond the normal call of duty. They might have impacted their workplace or community in ways few others have; gained the respect of their peers in difficult situations; demonstrated innovative approaches; shown moral courage in tough times or greatly improved the lives of others. There are undoubtedly those within occupational medicine for whom this is the case, and it is our duty as a community to not let these actions go unnoticed. It is with this in mind that the Fellowship and Honours Committee seeks your nominations of those deserving of recognition.

Naturally, for such highly prized awards the endorsement process is one steeped in confidentiality, so all recommendations should be made without the nominee's knowledge. Please send all names, along with a brief outline detailing your reasons for nomination, to Sophia.Greaves@FOM.ac.uk. More information regarding honours and the selection process is available on the [government's website](#).


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Fellowship and Honours Committee—Fellowships

While the committee will be hard at work with honours nominations, you will be comforted to hear it hasn't forgotten its roots, and is simultaneously seeking your proposals for election to Fellowship and Honorary Fellowship of the Faculty. Both awards are a way for the Faculty to recognise those who have made a particularly significant contribution to the practice of occupational medicine, and are highly valued by those who receive them. Members and Fellows should have already received a dedicated correspondence regarding nomination procedures, so please take a look and help us recognise those deserving individuals.

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With best wishes



Judith Willetts
Chief Executive

