

FRIDAY 29 JANUARY 2016

Welcome to the FOM Newsletter.

### In this issue...

**New Responsible Officer Update**

**New Joint Faculty and Society Head of Communications and Policy**

**GMC Entry Requirements into Specialist Training**

**National School Spring Conference**

**That Was The Week Fortnight That Was**

[back to top](#)

---

## New Responsible Officer Update

The Faculty's Responsible Officer, David Flower, has published a new revalidation update for January 2016. The document contains lots of information on all things revalidation and provides updates on the Faculty's work in the area. It also features tips from David himself, alongside tools and advice from both the Faculty and Society, making it invaluable reading.

The update can be read online or downloaded from the [Faculty website](#).

[back to top](#)

---

## Jane Edbrooke: New Joint Faculty and Society Head of Communications and Policy

In 2014 Dr Alasdair Emslie and Dr Richard Heron wrote to members outlining how the Society of Occupational Medicine and the Faculty of Occupational Medicine would work together in a more coordinated way. As a clear stepping stone towards this aspiration, Jane Edbrooke has been appointed as the new Head of Communications and Policy across both organisations.

Jane has a strong health communications background, having previously worked within Education Commissioning at NHS London and for Nuffield Health, the UK's

biggest health charity. Jane has also sat on the London Borough of Lambeth's Health and Wellbeing Board, and works closely with Lambeth's Clinical Commissioning Group and Public Health teams.

Jane will be working on joint campaigns promoting occupational health, encouraging clinicians and associated professionals to consider moving into occupational health and looking to strengthen the national agenda.

Initially our focus will be on improving our communication channels and generating engaging content which can highlight the valuable work our members do. If you would like to contribute a story please [contact us!](#)

[back to top](#)

---

## GMC Entry Requirements into Specialist Training

The GMC have decided that all entrants into Specialist Training at ST3 level must have successfully passed a postgraduate examination prior to entry. This means that all applicants from Core Medical Training (CMT) or Acute Care Common Stem (ACCS(Med)) must have passed the full MRCP Diploma.

All other entry routes & requirements remain unchanged. The person specification on the website will be changed soon to reflect this.

[back to top](#)

---

## National School Spring Conference

The National School of Occupational Medicine's Spring Conference is aimed at those in all Occupational Health Professions, but is open to all those interested in OM. The day will consist of guest speakers and workshops, on a theme of Fit for Work: New Ways of Working, New Opportunities. The National School hopes this will be a great opportunity for colleagues from all areas of Occupational Health to meet, learn and discuss ideas.

Lunch and refreshments will be provided. Attendance at the conference is free.

**Due to huge demand the conference is now full, but those [registering now](#) will be placed on a reserve list. Delegates on the reserve list will be contacted in early March to confirm if their place has been secured.**

[back to top](#)

---

## That Was The ~~Week~~ Fortnight That Was

**A few stories from the world of occupational health and medicine you may or may not have missed since last we spoke.**

### **NHS has the West's most stressed GPs, survey reveals**

- More than 20% of GPs in the UK report being made ill by stress at work.
- Stress is the key reason so many GPs intend to quit.
- Ministers & NHS should prioritise relieving pressure over expanding workforce.

### **2015 Employment and Social Developments in Europe review**

- European Commission committed to "**working on a wider review of our occupational health and safety legislation** as well as ways to improve people's work-life balance and women's participation in the labour market."

### A third of UK workers say their organisation has a negative approach to mental health problems

- More than one in ten employees received a negative response after speaking to their employer about mental health issues.
- A third believe their organisation provides no support for those experiencing a mental health problem.
- A quarter are unaware of the type of support their organisation offers, raising concern about the level of mental health support on offer and whether companies are failing to communicate it effectively.

### CIPD urges employers: link employee wellbeing to business strategy

- UK employers must address a "wellbeing vacuum" and make employee wellbeing a bottom-line issue, says a report published by the CIPD.

### Reasons to use the workplace for cardiovascular health screening

- Cardiovascular health screening can pick up the need for lifestyle changes that could reduce heart and circulatory diseases, the cause of death for one in four people in the UK. Dr Nick Summerton makes the case for screening taking place in the workplace.

### Workplace health moves up employers' agenda

- Cary Cooper, professor of organisational psychology and health at Manchester Business School: "**When Britain was a manufacturing economy, musculoskeletal problems like back pain were the biggest issue. Now it's a service- and knowledge-based economy, mental health is the leading cause of sickness.**"

### Occupational health scheme sold

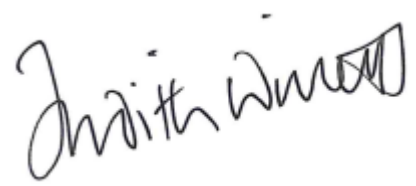
- Construction financial adviser B&CE has announced it will acquire Constructing Better Health, a membership scheme for occupational health in the construction industry.

### Wearable technology won't track morning jog but might prevent HAVS

- Reactec HAVWEAR is wearable that measures and records vibration data.
- The watch-style monitor is worn on a wrist strap by tool users and reports results back to the Reactec analytics platform software to indicate any exposure risk.
- Analytics Platform also allows employers to track and manage employee exposure to vibrations over time.
- Early industry trials promising.

[back to top](#)

---

A handwritten signature in black ink, reading "Judith Willetts". The signature is written in a cursive, flowing style.

Judith Willetts  
Chief Executive

