



MONDAY 14 SEPTEMBER 2015

Welcome to the FOM Training Newsletter.

In this issue...

From the Director of Training: Dr Jayne Moore

Welcome to the eighth Training Newsletter from the Faculty of Occupational Medicine. The newsletter is aimed at trainees, who are working towards the award of MFOM, and trainers (Educational Supervisors and Clinical Supervisors).

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From the Trainee Representative: Dr Jill Crabbe

A very warm welcome to all of the trainees who have recently commenced specialty training. I hope that you are settling into your new training posts and getting to grips with the many opportunities and challenges that ST3 has to offer. A warm welcome also to the 'old and bold' who continue to gather competencies in a bid to achieve consultant status!

I assumed the role of FOM Trainee Representative in March 2015 and, as this is my first opportunity to contribute to the FOM Training Newsletter, I would like to introduce myself formally to those of you I have yet to meet in person. I was an undergraduate in medicine at the University of Aberdeen when I joined the Royal Air Force in 2003. After serving a period of time as a General Duties Medical Officer, I commenced training in general practice with the Defence Deanery in 2006. I qualified as an independent practitioner in early 2009 and worked as a

GP for over 5 years. I was assigned to RAF Lyneham, RAF Linton-on-Ouse and the Royal Centre for Defence Medicine during that time, in addition to serving in the Falkland Islands and Afghanistan. Following two tours as a Senior Medical Officer, I decided that I wanted to extend my skills in occupational medicine and commenced specialty training in September 2014.

As I am sure you are aware, we are a relatively small group of fewer than 100 trainees, who come from a wide variety of clinical backgrounds, and are undertaking training within the NHS, military and industrial sectors across Scotland, England, Wales and Northern Ireland. My role as FOM Trainee Representative is to try and ensure that the needs and interests of all specialty registrars are taken into consideration in all aspects of the work of the Faculty. I therefore attend the FOM Board, Specialist Advisory sub-Committee (SAC) and Regional Specialty Advisers meetings throughout the year to provide us with an official voice.

I am, thankfully, not alone in my role as a trainee representative. The newly appointed FOM Deputy Trainee Representatives are Emma Giblin and Vicky Mason, who are undertaking a job share of the role as they are both part-time trainees. We are also joined by Abeyna Jones who is the National School of Occupational Health Trainee Representative. It is hoped that she will be joined by a second NSOH representative from industry in the near future. We are also ably assisted by Dan Ashdown who administers the Trainee Google Group.

The FOM Board are due to hold a strategy meeting next month to determine the main priorities for the Faculty in 2016. I will be in attendance and provide feedback to the trainee representatives in due course. We then hope to use this strategy as a platform to develop our own trainee objectives for the 2-3 years of our tenure. We will communicate our plans via future newsletters and, more informally, via the Trainee Google Group. I am the first to admit that I have been more of a 'lurker' rather than a more outspoken 'contributor' on the Google Group to date but, rest assured, I am listening. If you would like me to formally raise any issues with the Faculty, that you have personally been unable to resolve, then please feel free to contact me on jilliancrabbe@doctors.org.uk.

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From the Trainee Google Group Administrator: Dan Ashdown

Our specialty is small and as trainees we are spread far and wide; the OM Google Group was set up three years ago to enable better communication between trainees all over the country.

Over the years trainees have used the group regularly to spread information about training opportunities, discuss complex cases and provide support for each other with regards to training issues.

I would encourage all trainees to join the group; if you do not wish to take part in discussion you can still read the posts of others.

If you would like to join the group please email me on danashdown@doctors.org.uk.

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NHS Improving Quality course - September 2015

A new free course starts week commencing 14 September on Quality Improvement Fundamentals. This course is beneficial for beginners and more experienced improvers alike, and is delivered over 8 weeks and will provide a good understanding of:

- The fundamentals of quality improvement
- Using the model for improvement
- Measuring for improvement
- Sustaining and spreading improvements

For further information and course enrolment see:

<http://www.nhs.uk/qualityimprovement/fundamentals>

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HHP core competency training - 16 September and 14 October

This CPD workshop reflects the core competencies that were laid out by a joint working group of the Faculty and the Association of NHS Occupational Physicians (ANHOPS) on behalf of the Department of Health (DH) and the National Clinical Assessment Service (NCAS). This is an emerging area of study for occupational physicians and the training offered an insight into how to manage relationships with key organisations such as NCAS, the GMC and the Deaneries.

There are still a few places left for the next course on 16 September. Please follow the links below for information and booking.

<http://www.fom.ac.uk/event/hhp-core-competency-training-16-september-2015-2>

www.fom.ac.uk/event/hhp-core-competency-14-october-2015

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Professional Briefing Day on Bipolar disorder - 23 September 2015 in Manchester

This training day will be on managing bipolar disorder in the workplace. The workshop will be led by Dr Micheline Tremblay, an organisational psychologist with NICE, and Fiona Cooper, National Development Manager with Bipolar UK. The day will incorporate an overview of Bipolar disorder, discussion of its impact on employees, delegate-led seminar discussions, and feedback on case studies.

Please follow the link below for further information and booking:

<http://www.fom.ac.uk/event/professional-briefing-day-bipolar-disorder>

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Workplace visits

We are very grateful to Dr Brenda Dowson for arranging workplace visit opportunities for trainees on 9 October and on 11 December. As these are potentially very valuable, the Faculty will always circulate these opportunities by direct email.

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Plans for dissertation training

We have received a number of requests for dissertation training and we appreciate the helpfulness of such events. We are working on it and will keep you informed.

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Dates for the Part 2 MFOM examinations in 2016

January/February 2016

Examination entry fee: £1084.00

Written exam papers: 25 January 2016 at RCN, Cavendish Square, London

OSPE: 23 February 2016 at the Northern General Hospital, Sheffield

Closing date for entries: 5:00 pm on 17 November 2015

Further information about the Part 2 MFOM examination can be found on the website at:

<http://www.fom.ac.uk/education/speciality-training/part-2-mfom-examination>

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Part 2 MFOM examination revision course 2016

The Institute of Occupational and Environmental Medicine, University of Birmingham, have scheduled their next revision course for 17-19 May 2016. The three day course is designed for doctors who are preparing to sit the Part 2 MFOM examination of the Faculty of Occupational Medicine. The programme is delivered by academics and occupational health practitioners who have several years' experience as examiners for the Faculty of Occupational Medicine (FOM). Multiple Choice Questions (MCQs), Modified Essay Questions (MEQs) and Clinical OSPE stations are used to assess delegates and to provide feedback.

Enquiries should be addressed to Anna Morley, PGT Administrator:
0121 414 6013 | a.j.morley@bham.ac.uk

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With best wishes



Jayne Moore
Director of Training

