FOM Trainee Conference

Programme 28 April 2022 RCP, London NW1 4LE

DOING WHAT WE DO, BETTER

9.30-10.00 REGISTRATION

Enjoy a tea or coffee while you register for the day's events.

10.00-10.10 INTRODUCTION

Gp Capt Dr David Mallett, Director of Training Dr Finola Ryan, FOM Trainee Representative

10.10-11.00 DR JOHN O'NEILL

'Everything you wanted to know about jet lag, but were too tired to ask'

Dr John O'Neill is a program leader at the MRC Laboratory of Molecular Biology in Cambridge. John's research into circadian rhythms investigates the mechanisms of the daily biological clock in every human cell and its consequences for health and disease.

11.00-11.15 COFFEE BREAK

11.15-12.00 PROFESSOR DAVID COGGON

Everyday Epidemiology

Professor David Coggon is Emeritus Professor of Occupational and Environmental Medicine at the MRC Lifecourse Epidemiology Centre, University of Southampton. He has conducted epidemiological research on a wide range of occupational and environmental hazards to health, with a particular focus on the relationship of musculoskeletal disorders to work, and the effects of various chemical pollutants. His talk today will describe an approach to the investigation and management of occupational clusters.

12.00-12.20 GP CAPT DR DAVID MALLETT DR ALI HASHTROUDI

FOM Curriculum Review

The FOM's Academic Dean Professor Ira Madan and Dr Ali Hashtroudi from the National School of Occupational Health discuss the Faculty's new curriculum.

12.20-13.00 LUNCH

13.00-14.30 SARAH MARSHALL MATT INNES KAYLENA MUSHEN

Access to Work

This session on the government programme aimed at supporting disabled people to take up or remain in work will include an Explainer Session and a Q&A.

14.30 CLOSING REMARKS PROFESSOR IRA MADAN



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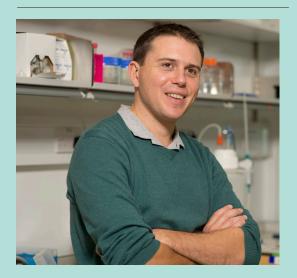
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SPEAKER PROFILES

DR JOHN O'NEILL



John studied Biochemistry at New College, Oxford, then did his PhD research on cAMP signalling and the mammalian circadian pacemaker at the MRC Laboratory of Molecular Biology in Cambridge with Michael Hastings. As a post-doc, he studied circadian rhythms in plants and algae in Edinburgh, and then human cells then at the Institute of Metabolic Science in Cambridge. John was awarded a Wellcome Trust Career Development Fellowship in 2011, and in 2013 was recruited to become a group leader in the Cell Biology Division of the LMB.

The O'Neill group is interested in the fundamental mechanisms that sustain circadian rhythms in eukaryotic cells, how this endogenous clock evolved, and how daily timekeeping bestows an adaptive advantage upon specific mammalian cellular functions.

PROFESSOR DAVID COGGON



David Coggon is Emeritus Professor of Occupational and Environmental Medicine at the MRC Lifecourse Epidemiology Centre, University of Southampton. Over a career spanning more than 40 years, he has conducted epidemiological research on a wide range of occupational and environmental hazards to health, with a particular focus on the relationship of musculoskeletal disorders to work, and the effects of various chemical pollutants.

He has also engaged extensively in scientific advisory work for government, both nationally and internationally, and was President of the Faculty of Occupational Medicine from 2008-2011.



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SARAH MARSHALL



Sarah is the Disability Services Advocacy Manager for Scotland. She joined the Civil Service in 2016 as a Work Coach in Leeds where she stayed for 12 months before joining Access to Work as an adviser in Halifax. This role lasted four years before being successful in gaining TDA with the Advocacy Team from July 2021. She said: "I am really looking forward to promoting and delivering a service I am passionate about. Both in my personal time and within my role, helping disabled people is really important to me. I have Dyslexia and without the software I have, I would not be where I am today in my career. I honestly believe that giving disabled people an even playing field, will empower our customers to gain and stay in employment."

MATT INNESS



Matt has worked for DWP since 2014 and works as both Business Support Manager and Grade 6 Business Manager. He said: "Joining the Advocacy team has given me the opportunity to share some of the knowledge I have gained over the past years to support both internal and external stakeholders, and ultimately

to raise the profile of the excellent work delivered by Disability Services. Within my first weeks within the role I have already helped several customers by responding to queries from stakeholders, and this provides a huge amount of job satisfaction."

KAYLENA MUSHEN



Kaylena Mushen is the National Partnerships Lead for the Access to Work Mental Health Support Service delivered through Remploy. She received her university degree in social and behavioural sciences as well as a certification as a registered behaviour technician while living in the US. Her main passion is assuring people get the support they need with a background in volunteering, elderly care, neurodivergent conditions, addictions, and mental health. She joined Remploy as a vocational rehabilitation consultant where she delivered support that she now advocates.

