

**Diploma in Occupational Health Practice Syllabus**

Indicated module hours are included for guidance purposes.

| **Module** | **Content** | **Skills / Knowledge** | **Outcome** |
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| **Fundamentals of OH Practice****(minimum of 20 hrs)**  | * Definition of occupational health practice, and its scope including organisational health, workplace culture and wellbeing
 |  | Understand and able to explain the value of occupational health |
| * The inter-professional context of OH teams, their functions and management.
* OH within the context of Public Health
* Industrial Injuries Compensation
 | * Employment organisations
* Industrial relations and trades unions
 | Understanding the frame work in which occupational health operates and understanding its role in assuring the health of the work force  |
| * Ethics
* Communication and relationships with professional colleagues
* Law in occupational health
* HSE and sources of advice
* Role of enforcement bodies
 | * Key principles of professional ethics
* GDPR
* Equality Act
* Main principles of system, statutes and relevant common / case law.
* Industry specific risks
* H& S at work sections 2 and 7
* Management of Health & Safety at work regs 1999
* COSHH
* RIDDOR
* Noise & vibration
* 6 pack
 | Understanding the underlying principles of occupational health ethical practice and the legislation underlying it and where to access advice |
| * Principles of health and safety risk management
 | * Hierarchy of control
* Types of hazards and their identification
* Application of control measures
* Monitoring outcome and feedback
* Written reports
* H&S Management system
* Audit cycle
* [Workplace health needs assessment](https://www.gov.uk/government/publications/workplace-health-needs-assessment)
 | * The walk-through survey and basic hygiene screening techniques

 * Understanding and able to apply the basic principles of hazard and risk and methods of assessment, management and control
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| **Effects****of****work****on** **health****(minimum****of 15 hrs)** | * Workforce diversity
 | * Ageing workforce
* Young workforce
* BAME
* LGBT+
* Disabilities
 | * Health monitoring

 * Questionnaire screening
 |
| * Ergonomics and manual handling

(musculoskeletal assessment) | * Musculoskeletal disorders
* DSE assessment
* Manual handling regs
* [COST B13: European guidelines for the management of low back pain](https://link.springer.com/article/10.1007/s00586-006-1066-z)
* NICE Guidelines
 | * Able to deliver a musculoskeletal assessment and opinion on fitness for work and any appropriate work adaptations
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|  | * Skin and respiratory system
 | * Occupational dermatitis
* Occupational lung diseases
* COSHH
* Current Public Health guidance
* ARTP standards
 | * Able to deliver an appropriate assessment and opinion on fitness for work and any appropriate work adaptations
 |
| * Stress and distress

(mental health assessment) | * Bullying at work
* Mental health
* Organisational & personal resilience
* Work related stress
* Stress risk assessment
 | * Able to deliver an appropriate assessment and opinion on fitness for work and any appropriate work adaptations
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| * Shift and night work (endocrine system and circadian rhythms)
 | * Working time directive

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| * Hearing loss and noise at work
 | * BSA standards
* PPE compatibility issues, attenuation awareness
 |
| * Vibration
 | * Hand-Arm Vibration
* Whole body vibration
 |
| * Infectious diseases
	+ TB
	+ Leptospirosis
	+ Contact tracing
	+ Blood borne viruses
 | * Hepatitis A, B & C
* HIV
* Workplace immunisation programme
* Vaccines & vaccination procedures (the Green Book)
 |
| * COVID-19
 | * COVID-19 medical risk assessment
* Long COVID
 |  |
| * Introduction to occupational hygiene

& toxicology | * Occupational exposures
* Introduction to noise, dust and thermal comfort
 | * Identification of working / provisional diagnosis of occupational condition(s)
* Risk assessment and management
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| * Visual environment
 | * Types of screening
 | * Able to deliver an appropriate assessment and opinion on fitness for work and any appropriate work adaptations
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| * Psychological environment and culture
 | * Occupational risks
* Resilience (organisational and personal
* Trauma Management
* Organisational mental health management
 | * Understanding and able to apply the principles of mental health management in the workplace and stress risk assessment.
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|  | * Occupational toxicology
* Carcinogens
 | * Classic occupational exposures
* Basic epidemiology
 | * Understanding basic toxicology, knowledge of classic occupation health toxicological exposures and basic ability to critically evaluate epidemiological studies
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|  | * Temperature
 |  | * Understanding and able to apply the principles of occupational health management in the workplace
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|  | * Use of PPE
 |  | * Understanding and able to apply the principles of PPE identification, use and management in the workplace
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| **Clinical case management****(minimum of 15 hrs)** | * Assessment of fitness to work – before/during and after employment
* Absence attributed to sickness
* Presenteeism
* Principles of rehabilitation, redeployment, resettlement and ill health retirement and capability

 * Health monitoring, Health screening, Health surveillance
* Functional assessment
* IHR assessment
 | * Biopsychosocial model of illness
* [DVLA](http://www.gov.uk/government/publications/assessing-fitness-to-drive-a-guide-for-medical-professionals)
* Setting evidence based medical fitness standards
* [AMRA](https://www.bma.org.uk/media/1788/bma-access-to-medical-reports-oct-19.pdf)
* NICE guidelines
* Role of health surveillance
* [Reasonable adjustments](https://www.acas.org.uk/reasonable-adjustments)
* Report writing
 | * Baseline and periodic symptom assessment
* Questionnaire screening
* Support performance at Work
* Functional assessment
* The expert patient approach to condition management
* Vocational rehabilitation
* Case management
* Case escalation
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| **Practical module** | * Principles of health and safety risk management
* Types of hazard and their identification
* Walk through survey and basic hygiene techniques
* Assessing risk
* Application of control measures
* Monitoring outcome and feedback
* Writing reports
* Production of portfolio
 |  | * Ability to practically demonstrate ability to apply OH knowledge in a workplace
* Able to produce good quality, professional workplace reports for professional and non-professional audiences
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