

**Diploma in Occupational Health Practice Syllabus**

Indicated module hours are included for guidance purposes.

| **Module** | **Content** | **Skills / Knowledge** | **Outcome** |
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| **Fundamentals of OH Practice**  **(minimum of 20 hrs)** | * Definition of occupational health practice, and its scope including organisational health, workplace culture and wellbeing |  | Understand and able to explain the value of occupational health |
| * The inter-professional context of OH teams, their functions and management. * OH within the context of Public Health * Industrial Injuries Compensation | * Employment organisations * Industrial relations and trades unions | Understanding the frame work in which occupational health operates and understanding its role in assuring the health of the work force |
| * Ethics * Communication and relationships with professional colleagues * Law in occupational health * HSE and sources of advice * Role of enforcement bodies | * Key principles of professional ethics * GDPR * Equality Act * Main principles of system, statutes and relevant common / case law. * Industry specific risks * H& S at work sections 2 and 7 * Management of Health & Safety at work regs 1999 * COSHH * RIDDOR * Noise & vibration * 6 pack | Understanding the underlying principles of occupational health ethical practice and the legislation underlying it and where to access advice |
| * Principles of health and safety risk management | * Hierarchy of control * Types of hazards and their identification * Application of control measures * Monitoring outcome and feedback * Written reports * H&S Management system * Audit cycle * [Workplace health needs assessment](https://www.gov.uk/government/publications/workplace-health-needs-assessment) | * The walk-through survey and basic hygiene screening techniques      * Understanding and able to apply the basic principles of hazard and risk and methods of assessment, management and control |
| **Effects**  **of**  **work**  **on**  **health**  **(minimum**  **of 15 hrs)** | * Workforce diversity | * Ageing workforce * Young workforce * BAME * LGBT+ * Disabilities | * Health monitoring      * Questionnaire screening |
| * Ergonomics and manual handling   (musculoskeletal assessment) | * Musculoskeletal disorders * DSE assessment * Manual handling regs * [COST B13: European guidelines for the management of low back pain](https://link.springer.com/article/10.1007/s00586-006-1066-z) * NICE Guidelines | * Able to deliver a musculoskeletal assessment and opinion on fitness for work and any appropriate work adaptations |
|  | * Skin and respiratory system | * Occupational dermatitis * Occupational lung diseases * COSHH * Current Public Health guidance * ARTP standards | * Able to deliver an appropriate assessment and opinion on fitness for work and any appropriate work adaptations |
| * Stress and distress   (mental health assessment) | * Bullying at work * Mental health * Organisational & personal resilience * Work related stress * Stress risk assessment | * Able to deliver an appropriate assessment and opinion on fitness for work and any appropriate work adaptations * Able to deliver an appropriate assessment and opinion on fitness for work and any appropriate work adaptations * Able to deliver an appropriate assessment and opinion on fitness for work and any appropriate work adaptations |
| * Shift and night work (endocrine system and circadian rhythms) | * Working time directive |
| * Hearing loss and noise at work | * BSA standards * PPE compatibility issues, attenuation awareness |
| * Vibration | * Hand-Arm Vibration * Whole body vibration |
| * Infectious diseases   + TB   + Leptospirosis   + Contact tracing   + Blood borne viruses | * Hepatitis A, B & C * HIV * Workplace immunisation programme * Vaccines & vaccination procedures (the Green Book) |
| * COVID-19 | * COVID-19 medical risk assessment * Long COVID |  |
| * Introduction to occupational hygiene   & toxicology | * Occupational exposures * Introduction to noise, dust and thermal comfort | * Identification of working / provisional diagnosis of occupational condition(s) * Risk assessment and management |
| * Visual environment | * Types of screening | * Able to deliver an appropriate assessment and opinion on fitness for work and any appropriate work adaptations |
| * Psychological environment and culture | * Occupational risks * Resilience (organisational and personal * Trauma Management * Organisational mental health management | * Understanding and able to apply the principles of mental health management in the workplace and stress risk assessment. |
|  | * Occupational toxicology * Carcinogens | * Classic occupational exposures * Basic epidemiology | * Understanding basic toxicology, knowledge of classic occupation health toxicological exposures and basic ability to critically evaluate epidemiological studies |
|  | * Temperature |  | * Understanding and able to apply the principles of occupational health management in the workplace |
|  | * Use of PPE |  | * Understanding and able to apply the principles of PPE identification, use and management in the workplace |
| **Clinical case management**  **(minimum of 15 hrs)** | * Assessment of fitness to work – before/during and after employment * Absence attributed to sickness * Presenteeism * Principles of rehabilitation, redeployment, resettlement and ill health retirement and capability      * Health monitoring, Health screening, Health surveillance * Functional assessment * IHR assessment | * Biopsychosocial model of illness * [DVLA](http://www.gov.uk/government/publications/assessing-fitness-to-drive-a-guide-for-medical-professionals) * Setting evidence based medical fitness standards * [AMRA](https://www.bma.org.uk/media/1788/bma-access-to-medical-reports-oct-19.pdf) * NICE guidelines * Role of health surveillance * [Reasonable adjustments](https://www.acas.org.uk/reasonable-adjustments) * Report writing | * Baseline and periodic symptom assessment * Questionnaire screening * Support performance at Work * Functional assessment * The expert patient approach to condition management * Vocational rehabilitation * Case management * Case escalation |
| **Practical module** | * Principles of health and safety risk management * Types of hazard and their identification * Walk through survey and basic hygiene techniques * Assessing risk * Application of control measures * Monitoring outcome and feedback * Writing reports * Production of portfolio |  | * Ability to practically demonstrate ability to apply OH knowledge in a workplace * Able to produce good quality, professional workplace reports for professional and non-professional audiences |